Sarah MORSE

BIO



ACTIVATIONAL COURAGE SPEAKER | REGISTERED NURSE | HUMANITARIAN | AUTHOR | PODCAST HOST

Sarah Morse has spent more than 30 years challenging what seems impossible and discovering what happens when ordinary people find extraordinary courage.

From nursing patients in palliative care to working in a Zambian clinic, a Romanian orphanage and a safe house for survivors of human trafficking in Spain, Sarah has witnessed humanity at its most vulnerable and courage at its most powerful.

A former NSW Young Australian of the Year (2004) and recipient of the Women's Economic Forum Woman of Excellence Award, Sarah is also Co-Founder of Unchained Solutions, advocating for systemic change to address modern slavery and exploitation.

Today, as an Activational Courage Speaker, author and host of the Unchained Courage podcast, Sarah challenges leaders and organisations to rethink what's possible in a world reshaped by AI, disruption and rapid change.

Through her signature keynote, Contagious Courage, and her Five Laws of Courage, Sarah inspires people to question assumptions, break cultures of silence, speak up when it matters and take courageous action that creates lasting impact.

Her message is as provocative as it is practical: the future won't be shaped by those who simply adapt, but by those courageous enough to change what's possible.

Choose courage. Change what's possible.